

One Step at a Time

Many times people believe in things which are not really logical or reasonable. For example many people believe that if a cat(Black Cat) crosses your path then your work will not be done. Actually there is no scientific evidence to show that this is true, but such people do not wait to find out whether it is true or not, as soon as they see a black cat crossing their path they turn around they go back and start all over again. **They don't think!!**

They have **blind faith** in their belief. It is easy to laugh at such people but aren't we all the same in this respect. There might be some **Exceptions**, but we all have some silly believes or some other kind of believes embedded in our minds, if we carefully search our mind and thoughts, there might be a silly belief hiding in some corner of our mind.

If there is one, it won't come out and leave our mind easily. You will have to catch it with Reasoning and logical explanations, with the power of the mind you have to debunk it and we have to cast out this belief. Many say that sometimes psychological thinking can affect our physical, mental, and spiritual thinking. Hence our silliness can reflect itself in and through our conducts. Yet, to remove such attitude is easier said than done, but humans have the capability to win over their own selves especially that self which only harms us and hinders us from achieving great vertex in our lives.

If you have more than one silly belief, then we have to blot it out one by one at a time. In history we have so many great men who have overcome their own silly beliefs and have conquered great mounds in the lives. Let us take these men as examples, let us learn from them so that we can achieve greatness in our lives.

It is not a message which is only for the readers but also for the one who authors it; **let us take one step at a time**, to strive towards prominence.