



Business Card
MockUp



DIGITAL STUDIO



विजयवर्गीय युवा संगठन



॥ सर्वतो जयम् विजयवर्गम् ॥
अहमदाबाद



Guidelines for Health Check-up

- Complimentary breakfast or home sample collection is (free of cost) part of all packages,
- Prior appointment is essential to avoid inconvenience
- For an appointment, please call at least 24 hours in advance between 9 am to 4 pm from Monday to Saturday
- Reporting time is 8 am to 9 am at Sterling Hospital's Health Check-up Department
- The approximate time for the completion of the entire process is around 6 hours or else subjective to the plan selected
- Please bring all your previous medical records, X-rays and reports when you come for the check-up
- Regular medications can be taken as instructed by doctor. Please carry regular medications during your visit for health check-up
- Pregnant women should inform in prior to the Radiology department before undergoing tests
- Blood and urine samples are collected as fasting samples, therefore the patients are advised to report in the morning with a minimum of 12 hour fasting and complete abstinence from drinking alcohol (if person is alcoholic). You may however drink water
- We can provide additional tests / investigations / procedure / super specialist consultation on requests or if required. However these will be billed separately in addition to, on actual patients are most welcome with the family should be involved in the counselling sessions.

Why Health Check-up ?

Good health is the foundation of a happy, productive & rewarding life. Most health problems can be managed more effectively if detected early, and if some abnormally in the health parameters has been detected. Certain preventive life style changes can stop further damage. Advice on the relevant life style changes will be given based on the results of your check-up.

The modern lifestyle today symbolises excessive stress and strain-extended working hours, irregular eating habits, late night weekend parties, and inadequate rest. Coupled with high levels of pollution, these factors are bound to cause health related problems, and physical, mental & psychological disorders.

To meet the growing demands of the competitive world, most of us tend to ignore our health until we are compelled to confront a medical complication. To come up with the rising risk of the medical disorders, health monitoring has become vital necessity.

The Health Check-up Programme at Sterling Hospital aims to preserve and promote good health, to prevent disease and disability and to facilitate early diagnosis and treatment of illness. Sterling Hospital offers health check-up packages which are thoughtfully designed to address the need of each section of the society. Consultations are offered by a team of highly qualified and experienced medical professionals.

HEALTH CHECK-UP :
0281 - 678 5800 / 0281 - 254 5800

Emergency No. : 0281 - 254 5666 / 777
Email : healthcheck.rajkot@sterlinghospitals.com



STERLING HOSPITAL - a unit of "Sterling Addlife India Pvt. Ltd."
CIN # U85110G/2000PTC039121
Nanavati Chowk, 150 ft. Ring Road,
Nr. Raaya Circle, Rajkot - 360 007, Gujarat
Presently at Ahmedabad, Vadodara, Rajkot & Gandhidham
Healthline : 079 30113111



KNOWING HEALTH,

THE FIRST
TO BEING HEALTHY



info@sterlinghospitals.com | www.sterlinghospitals.com



FILE FOLDER

ANNUAL REPORT

*Sterling AddLife India Pvt. Ltd.
20th Annual Report
2018-19*



Because Life Matters.

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Hospital
Because life matters
a unit of "Sterling AddLife India Pvt. Ltd."

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CANCER Hospitals
Together we can win life

Congratulations!

Your Performance
Always Speaks Loud & Clear

"Sterling WOW" of the Month - July 2019.



Pratik Kumar Jagtap
Nurse Supervisor - Nursing
(Nursing)



Adithyan Athreya
Customer Care Executive - Administration
(Hospitality)

"Sterling STAR" of the Month - May to July 2019.



Dr. Shikha Chaudhary
Medical Officer - Medical Administration
(Doctors)



Pratik Patil
Technician - Maintenance & Engineering
(Support)

Congratulations!

Your Performance
Always Speaks Loud & Clear

"Sterling WOW" of the Month - September 2019.



Dr. Shafali Saproo
Clinical Assistant - Medical Administration
(Paramedical)



Ms. Mitalben Nai
Nursing Assistant - Nursing
(Nursing)

IPSG Awareness Month – JANUARY 2019

Starting from Jan 1st week...
**KNOWING THE INTERNATIONAL
PATIENT SAFETY GOALS**



Identify Patients Correctly.

Improve effective
communication



Improve Safety in
medication use



Ensure correct site, correct
procedure, correct patient surgery



Reduce the risk of Health
Care Associated Infections

Reduce the risk of patient
harm resulting from falls



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સ્વાસ્થ્ય સુવિધાઓ પ્રદાન કરવા છેલ્લા

10 વર્ષથી

લાખો પરિવારના સ્મિતનું કારણ
બનવાનું ગૌરવ !!

સ્ટર્લિંગ હોસ્પિટલ, રાજકોટ

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ચૈયા સર્કલ પાસે, રાજકોટ

☎ 0281-6785666

BANNER



સ્વાસ્થ્ય સુવિધાઓ પ્રદાન કરવા છેલ્લા

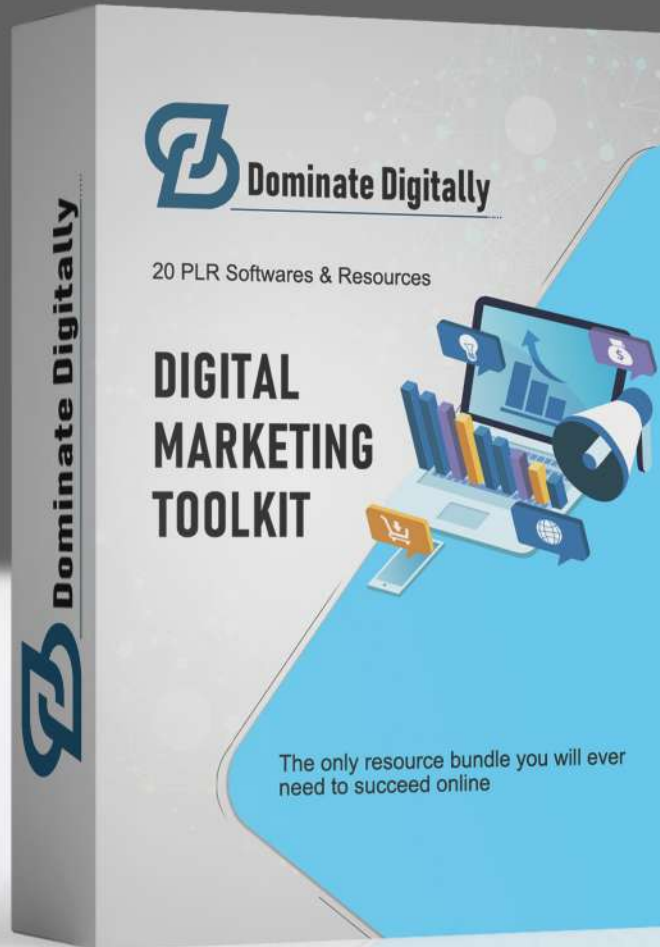
10 વર્ષથી

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બનવાનું ગૌરવ !!

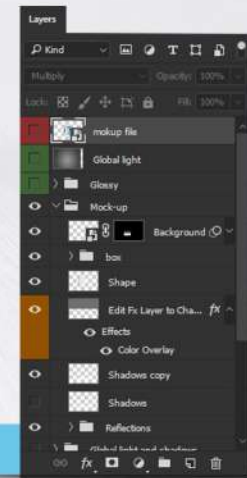
સ્ટર્લિંગ હોસ્પિટલ, રાજકોટ

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રેયા સર્ક પાસે, રાજકોટ



ART WORKS



LAYERS WORKS

SOCIAL MEDIA POST



SOCIAL MEDIA / MOCKUP /

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Happy Makar Sankranti

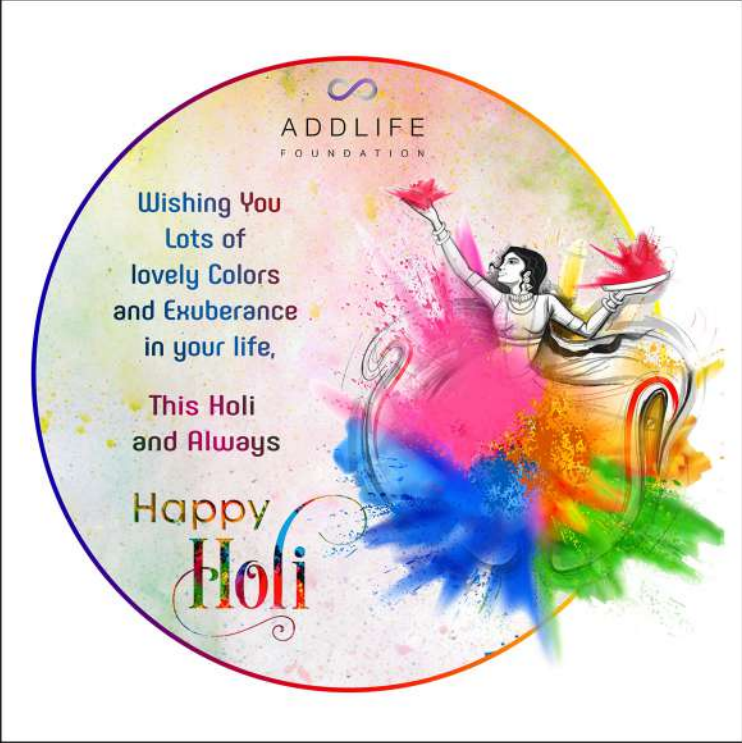
Fly high with spirit of good health on this Uttarayan and forever!
Safe, Happy & Healthy Kite Flying Day!

2021
sterling Hospitals
Because life matters

sterling CANCER Hospitals
Together we save lives

510 views
sterlinghospitals social media template
Views all 51 comments
10 DAYS AGO

sterlinghospitals



ADDLIFE FOUNDATION

Wishing You Lots of lovely Colors and Exuberance in your life,
This Holi and Always

Happy Holi

510 likes
sterlinghospitals social media template
Views all 50 comments
5 DAYS AGO

SOCIAL MEDIA CREATIVES



ADDLIFE FOUNDATION

Those who meditate on the Gita will derive fresh Joy, Wisdom and new meanings from it every day.

गीता गौषी

लोकसाहित्य इतिहासकाराणां परमविद्वानां निमित्ते आयोजित आ विशेष कार्यक्रमं आप सादर आयोजित छी.

दात्रीय शनि समयाः ३ द्वावराश्री, २०१८, सवाये ११ वाजे

स्थलः
स्टर्लिंग हॉस्पिटल - स्पेशलिटी क्लिनिकस सेन्टर रोडवर, सिन्दूरवाहन रोड, लोडकट्टेय, अमरावती.

गोष्ठी भा. स्वागत मोडेल सभे छहुं

RSVP : 9824804195

10 WARNING SIGNS OF CERVICAL CANCER



- Unusual vaginal discharge
- Pain during intercourse
- Pelvic pain
- Constant fatigue
- Heavier & longer menstrual cycle
- Abnormal vaginal bleeding
- Leg pain
- Unexplained weight loss
- Loss of bladder control
- Discomfort while urinating

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Specialty Clinics & Cancer Centre



शुभ नवरात्री

शक्ति की उपासना का यह पर्व आपके व आपके परिवार को सगुंथि, सुख व उत्तम स्वास्थ्य प्रदान करे एसी शुभकामनाएं

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#ShubhiNavratri

Be Aware, Take Care...



ADDLIFE FOUNDATION

announces Additional **25% Discount** on all tests and package availed from Sterling Accuris Mobile App.

To get the benefit please use Promocode **ADDLIFE25**

Validity of the Offer- 16th Feb 2019

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Specialty Clinics & Cancer Centre

Note- Offer valid on test above 500 INR. All orders to be given Complementary HomeVisits.



Greeting you warmly with a wish that's sincere for a healthy, happy and wonderful days !

Merry CHRISTMAS

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Became life matters

"START WHERE YOU ARE. USE WHAT YOU HAVE. DO WHAT YOU CAN."

THINK POSITIVE !!



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Specialty Clinics & Cancer Centre | www.sterlinghospital.com | www.sterlingcancer.in

DON'T MISS YOUR REGULAR EXERCISE !



INFOGRAPHIC CREATIVES

#Esophageal Cancer

Signs and symptoms

Difficulty and pain with swallowing, particularly while eating food

Pressure or burning in the chest

Coughing and hoarseness

Indigestion or heartburn

weight loss

Vomiting

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Late symptoms of Cervical Cancer

01 Difficulty urinating

02 Loss of bladder control

03 Blood in the urine

04 Difficulty in bowel movement

05 Blood in stool

06 Constipation

07 Leaking of urine

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LYMPHOMA

Most Common types of **LEUKEMIA**
(Blood related cancers)

- [ALL] - Acute Lymphocytic Leukemia
Most common type of leukemia in children. Also affects adults.
- [CLL] - Chronic Lymphocytic Leukemia
Most often in people over age of 55 years
- [AML] - Acute Myelogenous Leukemia
Occurs in children and adults
- [CMML] - Chronic Myelogenous Leukemia
Mainly affects adults

MYELOMA

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#GERD

Gastroesophageal Reflux Disease Symptoms

Sore throat

Bad breath

Chest pain

Difficulty swallowing (dysphagia)

Heartburn, a burning feeling in chest or throat

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DIABETES SYMPTOMS

1 Extreme fatigue

2 Feeling thirsty

3 Feeling very hungry even though you are eating

4 Urinating often

5 Cuts/bruises that are slow to heal

6 Blurry vision

7 Unintended weight loss

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Signs and Symptoms of COPD

World **COPD** Day
21 November

- Shortness of breath, especially during physical activities.
- Wheezing, Chest tightness.
- Having to clear your throat first thing in the morning, due to excess mucus in your lungs.
- Shortness of breath, especially during physical activities.

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#WorldCOPDDay





WEB LAYOUT DESIGN

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Our Best Services


Some alarm systems serve a single purpose of burglary protection; combination systems provide both fire and intrusion protection.



CCTV CAMERA PA & MUSIC FIRE ALARM

About

A security alarm is a system designed to detect intrusion – unauthorized entry – into a building or other area such as a home or school. Security alarms are used in residential, commercial, industrial, and military properties for protection against burglary (theft) or property damage, as well as personal protection against intruders.



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Subject:

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