



Sahar Zia Atmar

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Available Immediately and open for interviews at any time. DHA license active.

OHT: Dual Qualified – Australian Dental Hygienist & Dental Therapist
Experience in both Australia and UAE

Open to Patient coordination and Managerial roles within Dental setting

Australian Education

- **The University of Melbourne – Melbourne, Australia**
Bachelor of Oral Health 2012-2014
- **LaTrobe University – Melbourne, Australia**
Bachelor of Science 2011 - Honours in Chemistry (First Year)

PROFILE

Highly experienced and proficient in multiple areas of modern dental practice including:

- Soft tissue management via scale, polish, and root planning for periodontally involved patients with local anesthetic if required.
- Additional training and complete competency in the use of **EMS Airflow Prophylaxis master**; Guided Biofilm Therapy system
- Digital radiography
- Intra-oral imaging
- Application of prevention methods such as topical fluorides and topical fissure sealants
- Competent in ZOOM in- chair whitening procedures as well as OTHER whitening systems [Pola SDI, Flash, Natural +] and take-home systems with maximizing results and none to minimal sensitivity
- Educate and motivate individuals to maintain good oral health.
- Provide routine clinical dental treatment for children and adolescents including dental examinations and diagnosis followed through with treatment planning.
- Extraction of deciduous teeth
- Take impressions of patients' mouths for the construction of study casts, mouth guards and orthodontic appliances.
- Minimal Class I, II, and III restorations up to the age of 26
- Bring more complex dental problems to the attention of dentists, specialists, or other health care providers and acknowledgment of when referrals are required.
- Currently in the process of becoming a DSM specialised clinician – Dental Sleep medicine
- Maintaining a professional relationship with dental specialists such as periodontists; routine care of periodontally compromised patients

PERSONAL SKILLS

Has great communication skills and is always a team player. Very approachable and sociable, friendly nature. Diligent, hard-working, and determined. Multilingual: English, Dari, Farsi, Urdu, Hindi

PROFESSIONAL WORK EXPERIENCE

Employer: Dr Michaels Dental Clinic - Dubai, UAE

Duration: March 2018 – March 2019 (*RELOCATED BACK HOME*)

Position: Dental Hygienist

Role:

- Seeing up to 9 patients a day
- Provision of all hygiene, preventative and periodontal related treatments
- Periodontal therapy for all patients
- Oral hygiene instruction and management of pediatric patients
- Taking impressions and making of home whitening kits
- All in-office whitening services
- Keeping up to date on annual professional development requirements
- Organization and ordering of equipment
- Liaising with Dental Reps

Employer: CLDC (Cosmetic Laser and Dentistry Centre)

Duration: **March 2018 – March 2020** (*TEMPORARILY LIVING BACK HOME*)

Position: Dental Hygienist

Role:

- Provision of all hygiene, preventative and periodontal related treatments
- Periodontal therapy for all patients
- Oral hygiene instruction and management of pediatric patients
- Taking impressions and making of home whitening kits
- All in-office whitening services
- Keeping up to date on annual professional development requirements
- Organization and ordering of equipment
- Assisting other colleagues with Invisalign patients

Employer: Smile Solutions – Melbourne’s Home of Dentistry – Melbourne, Australia

Duration: April 2017 - February 2018 (*moved to UAE*)

Position: Oral Health Therapist

Role: Same as mentioned above

Employer: East Bentleigh Dental Group – Melbourne, Australia

Duration: February 2016 - February 2017

Position: Oral Health Therapist

Role: Same as mentioned above

Employer: Dental Logic – Melbourne, Australia

Duration: August 2015 - July 2016

Position: Sole Oral Health Therapist

Role: Same as mentioned above

References

Name: Anna John – Head of Human Resources, Dr. Michaels Dental Clinic

Mobile number: +971 56 170 7793

Email: hr@drmichaels.com

Name: Rada Bjelogric- HR at East Bentleigh Dental group

Mobile: +61411510235

Email: rada@ebdg.com.au

Name: Dr. Yvonne King – Australia’s Best Cosmetic Dentist at Cosmetic and Laser Dentistry Centre

Email: yvonnek@cldc.com.au