



Candice Stansbury

REGISTERED DIETITIAN

HPCSA NUMBER: DT0054011

CONTACT

072 3354 0144



candicestanz@gmail.com



Port Elizabeth, South Africa



Linkedin.com/in/candice-stansbury-890494117/



PROFILE

I am a registered dietitian who has a passion for nutrition and its role in helping others in need. I believe that nutrition has the potential to change lives and I am so excited to be a part of such a diverse and ever-expanding field. Though I love all fields of nutrition, clinical nutrition and paediatric nutrition is where my true passion lies. I am hardworking, honest and loyal and try to do every task given to me with the utmost integrity and quality, no matter what the task.

EDUCATION

Masters in Therapeutic Nutrition
Stellenbosch University
2019 – Current (Part-Time)

BSc in Dietetics (cum laude)
Nelson Mandela University
2015 - 2018

National Senior Certificate
Victoria Park High School
2010-2014

DEMOGRAPHICS

Age: 24 (DOB: 25/09/1996)

Nationality: South African

Languages: English & Afrikaans

Relationship status: Single

Number of dependents: None

Religion: Christian (Anglican)

PROFESSIONAL EXPERIENCE

1. ASSOCIATE LECTURER/ ACADEMIC ASSISTANCE - THERAPY BASED
Nelson Mandela University / Port Elizabeth / 1 Feb 2020 – current

Main duties performed

- I assist and co-supervise the third- and fourth-year students at their case-study presentations and hospital rounds at Dora Nginza Hospital and Livingstone Hospital
- I create and mark practicals, tutorials and assignments.
- I oversee one module, lecturing on anthropometry for the first-year students. I also oversee the setting up of test papers and practicals.
- During the Covid-19 lockdown, I ran many online case-study presentations, practicals and online forums for all years.

2. DIETETICS PRIVATE PRACTICE OWNER

Candice Stansbury – RD / Port Elizabeth / 1 Feb 2020 – current

Main duties performed

- I work with patients, both physically and virtually with many different health related problems, including weight management, sport and fitness nutrition, paediatric nutrition, lifestyle diseases and disorders through counselling, education and meal plans.
- I am involved in daily admin, including making payments, writing patient reports, making educational tools and working with patients.
- I volunteered at CHOC PE (Childhood cancer foundation of South Africa) through training staff on nutritional screening, creating tools and a mealplan and assessing high-risk children at the facility.

SKILLS

Passionate about nutrition & helping others

Communication & interpersonal

Accuracy and attention to details

Organization and prioritization

Problem solving

Teamwork & leadership

IT skills (Microsoft office)

Time management

CERTIFICATIONS & ACHIEVEMENTS

Dissertation presentation at the Siyaphumelela Conference in Johannesburg / 2018
Nelson Mandela University

Golden Key Member/ 2016
Nelson Mandela University

In Top 10 for academics in Matric for VPHS / 2014
Victoria Park High School

INTERESTS

Running and exercise

Spending time with loved ones

Reading

Music

Cooking

Watching Movies

Travelling

PROFESSIONAL EXPERIENCE

3. COMMUNITY SERVICE DIETITIAN

Midland Hospital / Graaff-Reinet/ 1 Jan 2019 – 31 Dec 2019

Main hospital duties performed:

- Assessed and provided nutritional education to out-patients and in-patients in the female, male and paediatric wards and high care unit.
- Issued nutritional supplements and nasogastric feeds
- Worked with limited resources and learned to prioritize.
- Worked in the hospital’s milk kitchen.
- Produced educational material for the hospital and patients.
- Liaised with members of the multi-disciplinary team.
- Attended meetings such as infection control, occupational health and safety as well as monthly staff meetings.
- Ensured all data and patient statistics were kept up to date and stored correctly according to hospital policy, using Microsoft Excel.

Main outreach responsibilities:

- Worked at the Margery Parkes Tuberculosis Hospital for 6 – 8 hours a week providing nutritional support and supplements.
- Worked occasionally at 3 clinics within the area, providing nutrition education, support and supplementation to those in need.
- Did the yearly Thuma Mina weekly outreach in July 2019.

PROFESSIONAL DEVELOPMENT

Optifast Certification
Port Elizabeth – Virtual / 2020

DNAlysis Biotechnology: Nutrigenetics & Nutrigenomics Certification
Johannesburg – 3-day training / 2019

PEG feeding management
Port Elizabeth (ADSA) / 2019

RESAF Ethics workshop
Cradock / 2019

Breastfeeding 2-day workshop
Port Elizabeth (NMMU) / 2018




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PROFESSIONAL REFERENCES

SUSANNA SNYMAN

Senior Dietitian

Midland Hospital

049 807 7721

santie.snyman@gmail.com

PROFESSOR ANNELIE GRESSE

Head of the Dietetics Department

Nelson Mandela University

041 504 2048

annelie.gresse@mandela.ac.za

ESMARIE VAN TONDER

Head Therapeutic Nutrition Lecturer

Nelson Mandela University

041 504 2048

Esmarie.VanTonder@mandela.ac.za