

## HOW TO MAKE YOUR BED

Making your bed is as easy as ABC, although many people struggle with it. So, here are five simple techniques to make your bed look nice and presentable.

### STEP 1: CLEAR THE BED

Remove all pillows, blankets, stuffed animals, sheets, and any other items from the bed, leaving only the bare mattress.

### STEP 2: USE THE FITTED SHEET

Fitted sheets have elastic corners that wrap around the mattress to keep them in place. Identify the longer and shorter sides of the sheet to ensure that it fits the mattress properly and avoid creases.

### STEP 3: SPREAD THE BEDSHEET

Make sure that each side of the bedsheet is even. Then, to make it smooth, tuck in any ends that are left out under the mattress.

### STEP 4: SPREAD THE BEDSPREAD

Tucking in the bedspread is not required, but it should be spread evenly and smoothed to eliminate creases.

### STEP 5: FLUFF THE PILLOWS

Squeeze the pillows together and pull them apart before placing them on the bed to make them appear fuller.

As you can see, making your bed is a quick and easy task that also serves as a great way to start your day.