




**Never
give up**



You cannot connect the dots you can only connect the looking backwards. So you have to trust that the dots will somehow connect in your future. You have to trust in something : your gut, destiny, life , karma whatever because believing that the dots will connect down the road will give you the confidence to follow your heart even when it lead you off the well worn path. And that will make all the difference .

your time is limited so don't waste it living someone else's life, Don't be trapped by Dogma which is living with the result of other people's thinking ,Don't let the noise of others' opinion drown out your own inner voice. You have got to find what you love and that is as true for your work as it is for your lovers. Your work is going to fill a large part of your life and only way to be truly satisfied is to do what you believe is great work, And the only way to do great work is to love what you do. If you haven't found it yet , keep looking and don't settle and ,have the courage to follow your heart and intuition. They somehow already know what you truly want to become but you are going to have some ups and to have some downs. Most people give up on themselves easily .

You know the human spirit is powerful?



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There is nothing as powerful, its hard to kill the human spirit! Anybody can feel good when they have their health, their bills are paid, they have happy relationships. Anybody can be positive then, anybody can have a large vision then

anybody can have under those kinds of circumstances. The real challenge of growth mentally, emotionally and spiritually comes when you get knocked down. It takes courage to act ,Part of being hungry when you have been defeated it takes courage to start over again .

Fear kills dreams ,Fear kills hope ,Fear put people in the hospital ,fear can age you and can hold you back from doing something that you know within yourself that you are capable of doing, but it will paralyze you . At the end of your feelings is nothing but at the end of every principle is a promise.

Behind your little feelings, it might not be absolutely nothing at the end of your little feelings. But behind every principle is promise and someone of you in your life, the reason why you not at your goal right now, 'cause you just all about your feelings'. All on your feelings, you don't feel like waking up ,So who does? Every day you say 'no' to your dreams you might be pushing your dreams back a whole six months , a whole year ! that one single day ,that one day! You didn't get up could have pushed your stuff back, I don't know how long.

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on't allow your emotions control you, we are W but what you want to being to discipline your emotions ,If you don't discipline and contain your emotions, they will

use you. You want it and you are going to go all out to have it ,its not going to be easy when you want to change , it's not easy If it were in fact easy everybody would do it ,but if you are serious you will go all out . I am in control here ,I am not going to let this get me down ,I am not going to let this destroy me .

I am coming back and I'll be stronger and better because of it ! You have got to make a declaration that this is what you stand for ! you are standing up for your dreams ,peace of mind ,for health take full responsibility for your life.

Accept where you are and the responsibility that you are going to take yourself where you want to go .

You can decide that I am going to live each day as if it were my last! Live your life with passion! With some drive decide that you are going to push yourself. The last chapter to your life has not been written yet and it doesn't matter about what happened yesterday and it doesn't matter about what happen to you, what matter is, what are you going to do about it ? this year I will make this goal, become a reality. I won't talk about it anymore .I can..i can. To persevere I think is more important for everybody Don't give up! Don't give in ! There is always an answer to everything .

